

Where there is no doctor around: experiences with community health agents and river populations in the Amazon

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To discuss the implementation process of Screening and Brief Interventions Strategies for alcohol problems in river communities from Amazonia

- > 2002: WHO in Alicante Spain
- Brazil: selected to adapt and disseminate these strategies
- Development: in the south-eastern region
- ➤ 2006: Federal University of the Amazon implanted Campus in interior of Amazon

➤ 2006: grants of governmental agency FAPEAM – research in SBI

➤ 2007: to beginning the implementation of SBI has been planned for the interior of the Amazon

> 2008: year of implementation in fact

Project "The alcoholism and health staff in interior of the Amazon: health professionals, knowledge about alcohol and the health services impact"

Grants of



Institutions of Research







PROJECT TEAMWORK- COLLABORATION

Health and Biothecnology Institute - Federal University of the Amazon

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Tiótrefis Gomes Fernandes, Physiotherapy, Research
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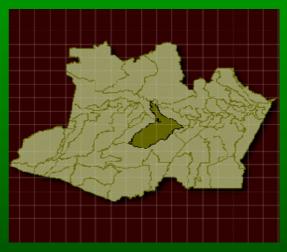
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The Region of Solimões River (Amazon)







Characteristics

- Coari is located in the state of Amazon
- Acess: only boat or airplane
- •340 km from the capital Manaus





Characteristics

- •87,468 inhabitants:
 - -60% of which live in the urban zone
 - -40% in the rural zone.
- •The territorial area: 57,922 km²
 - -urban zone
 - -250 rural communities (some of which are up to 10 hours from the urban centre accessible only by boat)

Phases

- AUDIT adaptation: backtranslation and retest

Evaluation of primary care professional team about knowledge in alcohol thematic

Epidemiologic screening

Training of human resources

Training of SBI in Primary Care

About Epidemiology Screening

- In Primary health Care
 - ACS: application in primary care
 - Monitorization of Risk Zones
- Amostral Aspects: clusters
 - 367 inhabitants of rural area, in 20 rivers communities
 - 573 inhabitants of urban area

- Community Health Agents (ACS)
 - Strategies of Trainning:
 - Challenges:
 - Cultural Aspects
 - Politics Aspects: human resouces in public health - no fixation because politics problems (corruption, ditactory administration and \$)

Community Health Agents (ACS)

- Strategies of Trainning:
 - Superation of Cultural Aspects:
 - Theatral activities Role Play of Risk Zones
 Cases
 - Groups of theorical Studies in SBI
 - Superation of Politics Aspects
 - University students: Advisoring ACS in primary care health services – every week, with community
 - Radio: Weekly City Councilor Anti-Drugs
 - Intersetorial Unit with Catholic Church

Radio Programm: to distance

Conscientization and knowledge in SSBI for all



three ways:

- I Amazonic Symposium of SBI (december 2007)
- Trainning of Primary Care Team
- Trainning of undergraduated University students

I Amazonic Symposium of SSBI

• 2008 December





Trainning of Primary Health Care Team:

three workshops with ACS (120)
two workshops with Doctors, Nurses and Dentists
(40)



Simulation of Risk Zone



Formal Trainning



Groups of Studies

Trainning of University students:

potencialization of process monitoring ACS in Family Health Program





University students: Screening and Brief Interventions,

Marks and Challenges today

- Politic Administration: Conscientization
- Health Administration: low involving
- University students: high interess and involving
- ACS: high involvement
- Doctors, Nursing and Dentist: low involving
- Epidemiologyc Screening: today, without articulation with Primary Health Care

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