

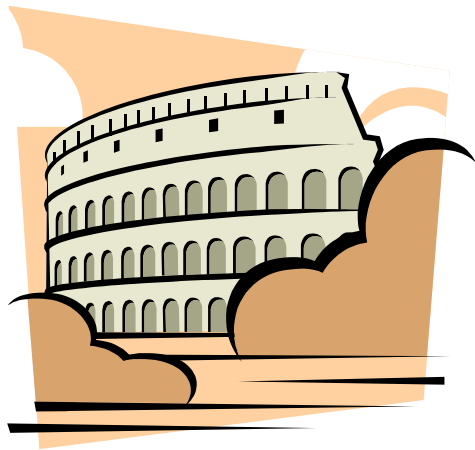


Swedish National Institute
of **Public Health**

The Swedish Risk Drinking Project

Dr Åsa Wetterqvist
The Swedish National Institute of Public Health

Health Care are unique settings to reach adults



Primary Care Centers

- *Meet 80 % of the population in every two years*

Preventive Midwives and Child Care

- Every pregnant woman/couples and child up to four years

Occupational health care

- About 75 % of all employed



Alcohol is a complex medical subject



- Several ambitious projects over the last 25 years
- First class evidence and methods easy to use

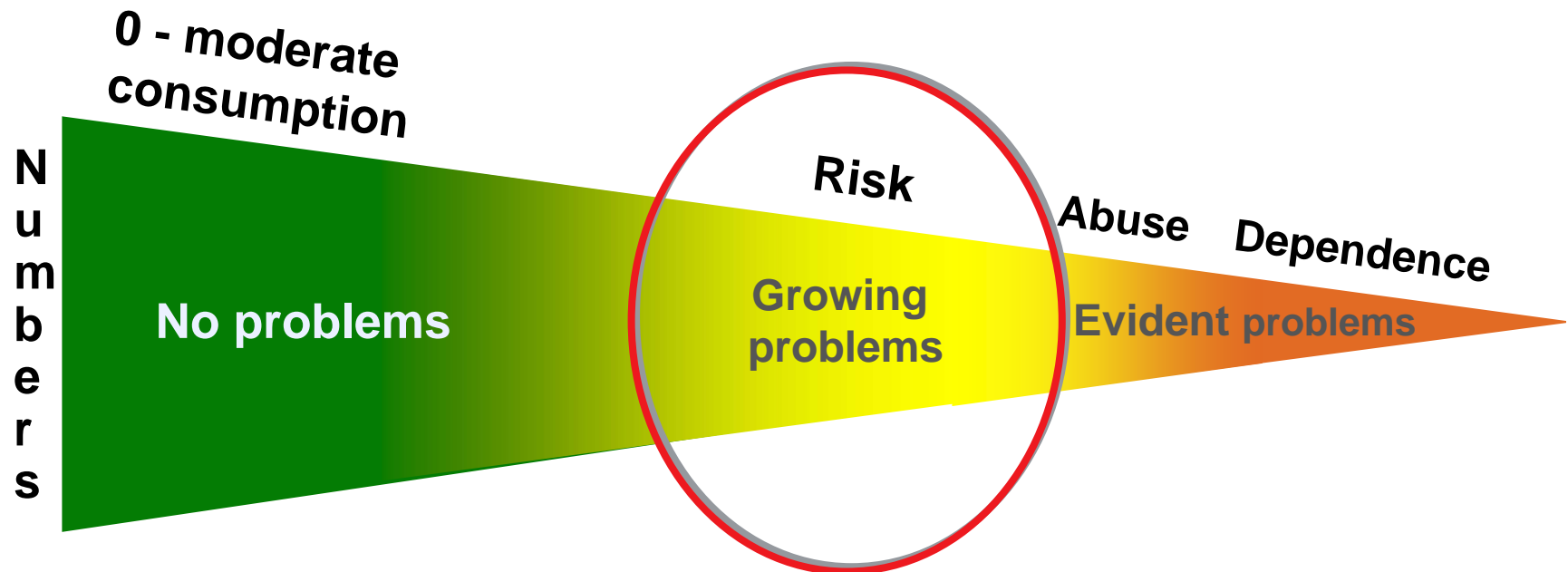
but

- The methods are not used
- Attitudes are as important as knowledge



Risk Drinking

- a new term that makes it easier to communicate with patients

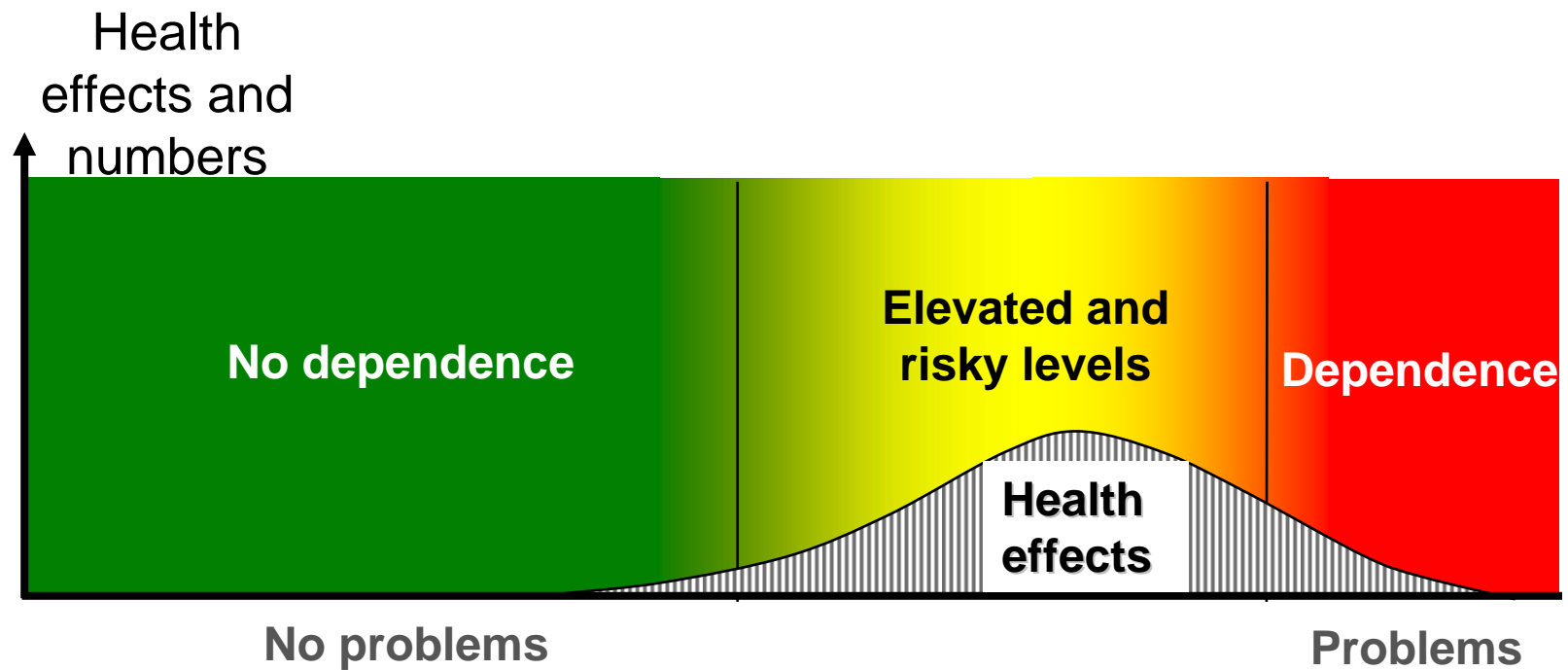


A level of alcohol consumption, or pattern of drinking that is likely to cause harm if present drinking habits persist



Risk Drinking

- a new term that makes it easier to communicate with the medical professions



All the other in the vis

C-Reactive Protein ~~Hormone replacement~~

Bone density and osteoporosis

Hypertension

Erectile dysfunction

**Early ultrasound
Cancer mammae**

Domestic violence

Pre-hypertensive?

Abuse

Colo-Rectal cancer

Depression Obesity

Anxiety

Blood lipids

Alcohol

**BMI and
Waist-Hip
Ratio**

Bipolar disorder

Vision, glauc and hearing

Smoking

Diabetes

Pap-sm

Fibrinog

Homocystein

ations/

nsa

Cardiovascular risk profile

Chronic obstructi lung disease

Genetic tests?

Intentional homicide

Pneumonia

STD prevention

Chlamyd

Stenosis of the Carotid arteries

Abdominal aorta aneurysm

The sub-projects are lead and staffed **by** **representatives from each profession**



- GP:s
- Resident doctors training to become GP:s
- District nurses
- Midwives
- Preventive child nurses
- Occupational health

- Hospitals
- Universities

- Internet self-help program
- Motivational Interviewing MI



Support functions

- **The Alcohol Profile**
web based self test
- **The Alcohol Help**
web based self help program, including relatives
- **The Alcohol Line**
telephone help service

- **Resource for Training in Motivational Interviewing**
web based tool



The strategy

- **New term – new acceptance**
- **A comprehensive and national approach**
- **Focus on every day practice**
- **Partnership with both professional organizations and all the County Councils**
- **Promote professional and local development**
- **Address the generation shift in primary care**
- **Integration with other lifestyle issues**
- **Motivational Interviewing (MI) and Patient-centered approach**

