

INEBRIA Conference

September 21, 2011



AOD-SBI Meeting

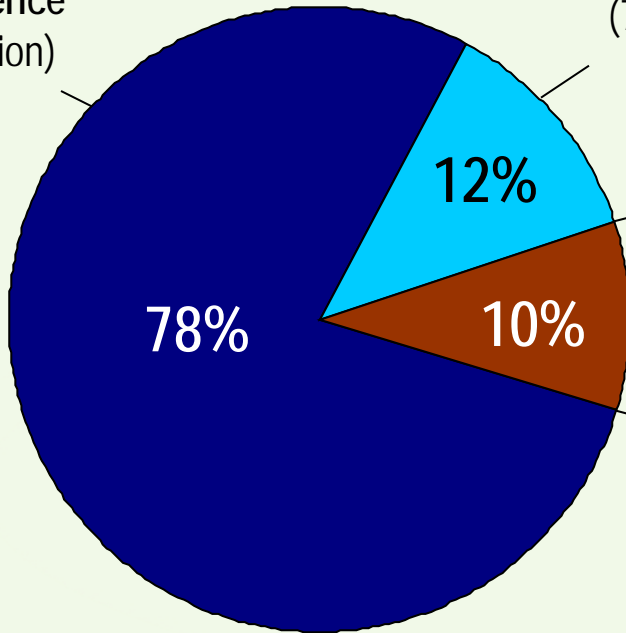
Massachusetts Screening, Brief
Intervention, Referral and Treatment
(SBIRT)



Massachusetts Population with Risky Substance Use, Abuse or Dependence by Treatment Status

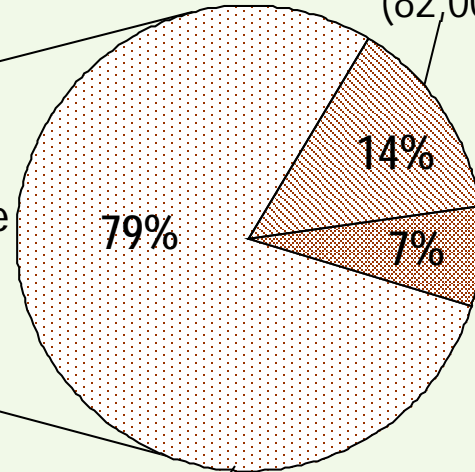


Population With No Risky Substance Use, Abuse or Dependence (4.65 million)



Population With Risky Substance Use But No Abuse or Dependence (735,000)

Population With Substance Abuse or Dependence (577,000)



Received Treatment (82,000)

Other Untreated (455,300)

Most Significant Clinical Need But No Treatment** (39,700)



Strategic Plan GOAL for SBIRT



- One of six priority areas in 2005 Strategic Plan
 - **Goal:** Expand screening, assessment, and referral activities in order to:
 - Effectively and efficiently identify people needing early intervention and treatment services in primary care systems, school, state agencies and other community settings.
 - Conduct brief interventions to deter harmful behavior when appropriate and
 - Refer individuals needing more comprehensive services for a standardized assessment and appropriate treatment.



In Massachusetts



- MASBIRT
 - 3 hospital EDs & Inpatient floors
 - 11 hospital clinics
 - 5 Community Health Centers
- ED SBIRT – 6 hospital EDs
- NP Booster Training at 37 SBHCs
 - Not BSAS funded but happening in MA
- Medical Residency Training





MASBIRT

Asking questions.
Improving health.



SBIRT and **VIAP** in Emergency Departments



- **Boston Region:** Boston Medical Center Pediatric ED
Boston Medical Center & Mass General Hospital
- **Southeast Region:** St. Anne's Hospital ED
- **Western Region:** Mercy Medical Center ED &
Baystate Medical Center ED
Baystate Medical Center
- **Central Region:** Heywood Hospital ED
UMASS Memorial Medical Center ED
- **MetroWest Region:** South Shore Hospital ED



SBIRT Pilots



- Office of HIV and AIDS – 4 sites
- Northeast Health System (Beverly Hospital) Pastoral Counseling
- Fishing Partnership Health Plan
- Willis of Massachusetts with EMC EAP

Provider Guide



March 2009

Adolescent Screening, Brief Intervention, and Referral to Treatment for Alcohol and Other Drug Use
Using the CRAFFT Screening Tool



Massachusetts Department of Public Health Bureau of Substance Abuse Services





Protecting Women and Babies from Alcohol and Drug Affected Births: Tools and Resources

Included: CME course from ACOG and other resources



Massachusetts Department of Public Health



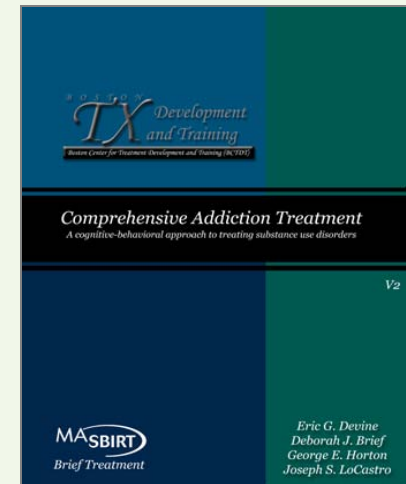


BT Manual



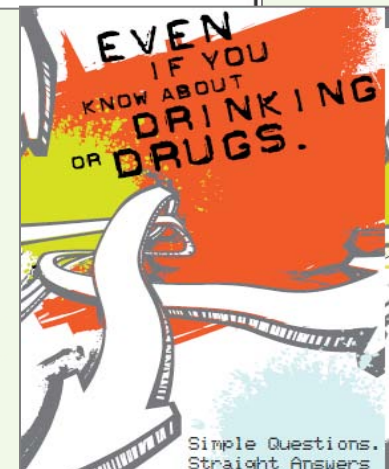
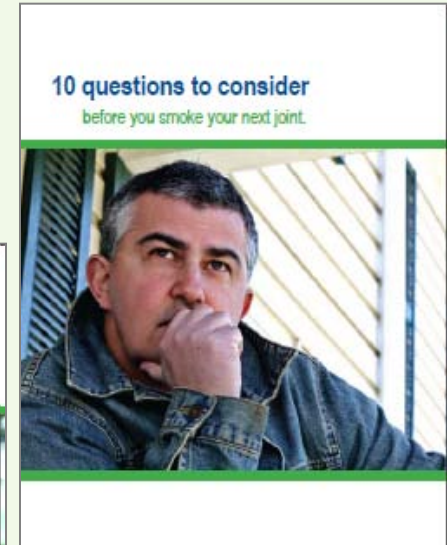
- MET and CBT
- Skills-based
 - Enhancing motivation for change
 - Decision Making
 - Functional Analysis and Treatment Planning
 - Urges
 - Social pressure
 - Social support
 - Social/Recreational counseling
- Up to 12 sessions
 - Graduation

- Risky thinking and decision-making
- Mood management
- Sobriety sampling
- Return to substance use
- Referral for medication
- Case management
- Termination





Patient Resources



Check MA Clearinghouse for other patient materials

<http://www.maclearinghouse.com/>