

# Grassroots Efforts to Advance SBI Training in Nursing/Social Work: U.S. Consortium Efforts



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International Network on Brief Interventions for Alcohol and other Drugs

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Interprofessional SBI Involvement - Policy and Practice

# Acknowledgements



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At the end of the presentation, the participant will

- Articulate the nursing response to federally-funded initiatives to advance substance use screening, brief intervention, and referral to treatment (SBIRT)
- Describe plan to promote the inclusion of this content in all nursing curricula
- Appreciate the ongoing work of the consortium of nurses who are targeting the global burden of disease consequent to alcohol, tobacco and drug use



# Background

- A national effort is underway to increase nurses' knowledge and competencies in substance use screening, brief intervention, and referral to treatment (SBIRT).
- A 2013 Substance Abuse and Mental Health Services Administration (SAMHSA) award of 14 SBIRT grants to 18 colleges and universities expanded SAMHSA's efforts beyond medical residents to nurses.
- These schools are engaged in curricular approaches to include education on substance use and SBIRT in didactic and clinical courses.



# Background

- A 2015 Substance Abuse and Mental Health Services Administration (SAMHSA) award of 34 + additional SBIRT grants to colleges and universities expanded SAMHSA's efforts beyond medical residents to nurses.
- We have begun to reach out to the newly awarded nurse leaders to further expand the small number of nursing schools with substance-use content in their curricula.



# Significance

- Since the 1980's mortality related to drug use has more than doubled.
- One in four deaths is attributable to substance use (alcohol, drug and tobacco), more than any other preventable health condition.  
<http://www.drugabuse.gov/related-topics/medical-consequences-drug-abuse/mortality>
- The costs to society are more than \$600 billion annually. ( NIDA, 2012, <http://www.drugabuse.gov/related-topics/trends-statistics>)
- Effects of unhealthy and unsafe alcohol and drug use have far-reaching implications for the individual, family, workplace, community, and the health care system.
- Brief interventions can improve outcomes.

Kaner, E. F., Beyer, F., Dickinson, H. O., Pienaar, E., Campbell, F., Schlesinger, C., ... & Burnand, B. (2007). Effectiveness of brief alcohol interventions in primary care populations. *Cochrane Database Systematic Review*, 2.



# A Significant Gap

- Cross-sectional survey of 66 schools of nursing to determine the alcohol-related content in BS curricula
- 11.3 hours of alcohol-related content
- Less than 10% of schools (n=66) required competency in screening and brief intervention

Savage, C., Dyehouse, J., & Marcus, M. (2014). Alcohol and health content in nursing baccalaureate degree curricula. *Journal of Addictions Nursing, 25*(1), 28-34.



# Methods

- Nurse educators experienced in substance use education in both graduate and undergraduate programs were invited to form the consortium.
- A directory of nurse leaders was developed from the Principal Investigators of the SAMHSA-funded projects.
- Other schools were identified from professional networks and a literature search of substance-related nursing curricula.
- A teleconference was then convened in February 2014.
- Appointment of five nurse leaders considered experts in addiction/substance use was designed to guide the ongoing work of the consortium.

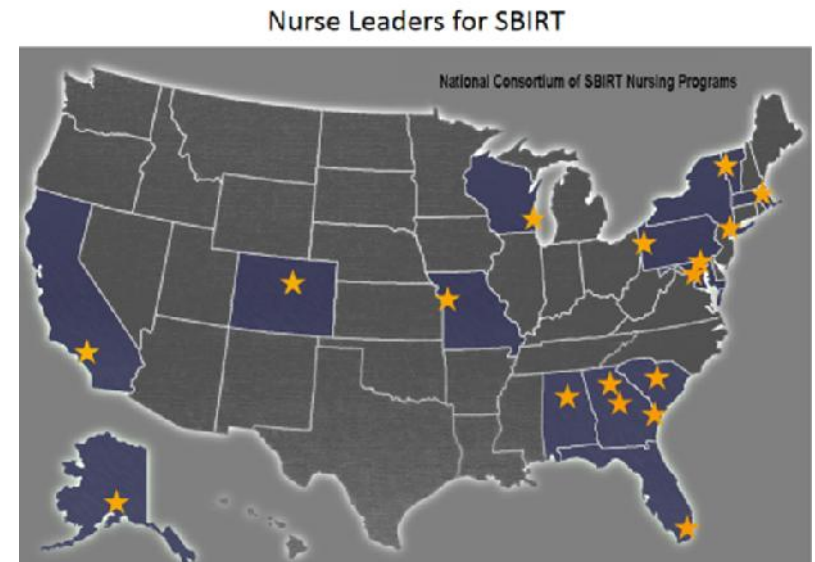




# June 2014

- In June 2014, a 2-day meeting to engage in curricular planning and development brought together 26 members of the consortium for brainstorming and consensus building.

- Focus groups, established and charged with specific assignments continue the work of the consortium to produce models and content guides.



# Directions for Consortium



1) Develop a cross walk between the AACN Baccalaureate, Masters, and DNP Essentials and content essential for prevention and intervention with substance use disorders for pre-licensure students and advanced practice nurses.



2) Generate evaluation outcomes following delivery of educational modules in the participating schools and for professional education and identify best educational practices based on the evaluation.



3) Develop standard tools for evaluating entry-level and advanced practice-level nurse competencies for screening for alcohol and drug use, with a focus on risky use and associated behaviors.





# Recommendations



# 1

The fact that there are nurse experts in this specialty requires a collective effort be undertaken to develop a comprehensive curriculum on the continuum of substance use.



# 2

All nurses should be educated on the basic competencies for identifying and addressing the needs of individuals at risk for and diagnosed with substance use disorders.





## # 3

Nursing curricula at the master's and post master's level should include knowledge and skills to produce competencies that equip advanced practice nurses to deliver substance-related interventions at the point of care; incorporate screening, intervention and referral into agency interdisciplinary practices; evaluate individual and population performance to improve outcomes; promote engagement in specialty treatment for those deemed to need a higher level of care; and advocate for optimum funding and public policy.



# Accomplishments

- Competencies associated with prevention of harm associated with ATOD across the continuum of use have been drafted and mapped to AACN Baccalaureate, Master's and DNP Essentials of Nursing Education
- Members of consortium are providing input on the mapping and on courses that can address the competencies.



# June 2014 Nurses Across the Continuum of Substance Use



# QUESTIONS?

