



Digital Interventions INEBRIA (e-INEBRIA) Working Group of INEBRIA SIG

Teleconference

Monday 26<sup>th</sup> November 2018

11.00-12.00 h (CET)

MINUTES

Participants

Name	Institution	e-mail	Skype account	Country	Time difference with CET
Antoni Gual*	Hospital Clínic	<a href="mailto:tgual@clinic.cat">tgual@clinic.cat</a>	tgualsol	Catalonia	0h
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\* Apologize their absence



## Minutes

**Present:** Sheina, Nicolas, , Matthijs, Heleen, Leo, Nikolaos, Anne, Hugo, Paul (Chair)

**Apologies:** Toni, Michael and Zarnie

New members (Sheina, Nikolaos) of the working group introduce themselves.

### 1: Election of the new Co-Chair

Paul confirms his decision to stand down as Co-Chair and asks for agreement on process to identify a replacement. Toni is available to continue as the Co-Chair (Hugo confirms on behalf of Toni). Hugo is also available as a Hon Secretary but he offers this position to everyone who might be interested. Entire working group agree with continuation of Toni and Hugo, and thanks Paul for his work during the last 2 years and half.

Following method for the election of replacement Co-Chair agreed:

- a) Decision to rest with members of the Working Group.
- b) Hugo, Toni and Paul to prepare a short document about tasks, motivation and skills of the potential Co-Chair to be sent to the working group (following two weeks);
- c) nominations (including self-nominations) to be sent to Hugo **no later than 31st December 2018**. Nominations to include a brief description of candidate and motivations to stand for election.
- d) Nominations to be circulated to members of WG in early part of January
- e) final decision on successful candidate to be made at the next TC – to be organized second half January.

### 2: Proposal of speakers (and scientific committee members) for the next INEBRIA meeting

All agree with the method of the last INEBRIA meeting: one speaker who is directly involved in clinical research and other speaker who is in the frontier of the research (e.g. Industry, social marketing).

Heleen propose Paul Wallace as a key speaker. Entire working group support this nomination. During the following two weeks suggestions about the other key speaker to be sent to Hugo.

Leo and Matthijs are proposed as potential members for the Scientific Committee of the next INEBRIA meeting in Lubeck on behalf of eINEBRIA SIG. Toni and Paul will communicate to Organizing Committee.



### **3: Summarizing Chile meeting (TG/PW/HR/LP)**

Nick and colleagues in Chile were congratulated by all. General opinion is that the last meeting (and specially eINEBRIA preconference) was a success and production of new ideas and networking was achieved. A clear pathway for the eINEBRIA was designed. This point of view is shared by organizers and assistants.

### **4: Sharing research data (HR and MS)**

Michael had offered a platform and Heleen would like to work this initiative. Open-data should allow more collaborative research. They will work a draft proposal before the next teleconference. Anne facilitate an example of this kind of project

(<http://midus.wisc.edu/index.php>)

### **5: Researcher exchanges (NB, NB, SP)**

Establishment of programme of exchange visits is the main objective of this group. However, it was suggested that to establish a research framework and try to produce collective papers might help in to create better opportunities. Anne suggests taking into account funding opportunities of the International Society of Behavioral Medicine (<https://www.isbm.info/isbm-committees/inspire/>). Nicolas will prepare a draft proposal and will work it with Sheina and Nikolaos before presenting to the rest of the working group.

### **6: Website update (HLP)**

Update of the mailing list is ready but data protection issues must be discussed with Lidia (secretary of Inebria) before uploading in the website.

To launch a Twitter of eINEBRIA SIG is proposed again. Hugo, Nikolaos and Heleen will work in this proposal with the aim that the management of the twitter account must be shared by all the members of eINEBRIA.

### **8: Other issues**

For the next TC two points arise:

- a) Lübeck pre-conference needs to be organized. Leo expressed an interest in taking the lead
- b) Anne informed group that she has become President Elect of International Society of Behavioral Medicine. She was congratulated by all. There are clear potential synergies to be explored going forward.



### Summary of agreed actions

- a) Pathway for research exchanges to be drafted: Sheina, Nicolas and Nikolaos
- b) Pathway of sharing research data to be drafted: Heleen and Michael
- c) Update website: Hugo
- d) Twitter plan: Hugo, Heleen, Nikolaos
- e) Call for nominations for new Co-Chair: Hugo, Toni and Paul
- f) Nomination of new Co-Chair – **deadline 31st December 2018**: all
- g) Proposal of keynote speakers for INEBRIA Lubeck 2019: all
- h) Communication of keynote speakers and Scientific Committee nominations by eINEBRIA: Toni and Paul