

Integrating health promotion interventions for hazardous and harmful alcohol consumption into primary health care professionals' daily work

One of the activities of the EC funded project, integrating health promotion interventions for hazardous and harmful alcohol consumption into primary health care professionals' daily work is to build up profiles of the present situation of managing hazardous and harmful alcohol consumption in general practice. To this end, it is very important if you could complete as much of the attached questionnaire as possible and send it to me by **February 7 2003**, to give enough time to synthesize the results before the Barcelona meeting, 25/25 February.

Throughout the questionnaire, I have used the ICD 10 terminology of the WHO, alcohol use disorders. This is a term that includes harmful drinking, drinking to intoxication and alcohol dependence. We can also add hazardous alcohol consumption to this term.

The questionnaire is in three parts.

The **first part** is about **policies on the management of alcohol use disorders**. Most of the questions are simple 'yes'/'no' answers.

The **second part** is about **research and studies on the management of alcohol use disorders in general practice**. Again, most of the questions are simple 'yes'/'no' answers. Please send on any published papers, when requested.

The **third part** is mostly about **drinking behaviour**, and here it may be difficult or it may take time to find the answers. I would rather you send back the answers to the first two parts, and then send the third part when you have the information, rather than wait until you have completed all parts before sending the answers back. As an example of the kinds of answers that we are looking for drinking behaviour, see the separate annex, taken from a WHO publication.

I would be very grateful if you would complete the questionnaire and return it to me either by:

E-mail: PDAnderson@compuserve.com,
Fax: +31 24 344 3137, or
Post: St Anna Straat, 286
6526HC Nijmegen,
The Netherlands.

Could you please return the questionnaire to me by: 7 February 2003.

An analysis and synthesis of the replies will be prepared for the Barcelona meeting, 24/25 February 2003.

With very great thanks for your co-operation

Peter Anderson
Tel: +31 24 344 5130

15/01/03.

SOME INFORMATION ABOUT YOURSELF

Please state your name:

Please state your organization:

Please state your country:

Please state the date the questionnaire completed:

PART 1. POLICIES ON THE MANAGEMENT OF ALCOHOL USE DISORDERS

P1a

Is there an official governmental written policy on the management of alcohol use disorders?

- (1) Yes, written stand alone policy on management
- (2) Yes, part of written overall alcohol control policy
- (3) No, but in preparation
- (4) No
- (5) Don't know

IF: NO, SKIP TO: question P2

P1b

If yes, what is the date of the most recent governmental written policy:

Date:

P1c

Does the governmental policy include?

	Yes	No
A national strategy on training	(1)	(2)
A national funded research strategy	(1)	(2)
Brief interventions by primary care professionals	(1)	(2)
Intensive support in specialised treatment facilities	(1)	(2)

P2a

Is there an unofficial (non-governmental) written policy on the management of alcohol use disorders?

- (1) Yes, written stand alone policy on management
- (2) Yes, part of written overall alcohol control policy
- (3) No, but in preparation
- (4) No
- (5) Don't know

IF: NO, SKIP TO: question P3

P2b

If yes, what is the date of the most recent non-governmental written policy:

Date:

P2c

Does the non-governmental policy include?

	Yes	No	
A national strategy on training		(1)	(2)
A national funded research strategy	(1)		(2)
Brief interventions by primary care professionals	(1)		(2)
Intensive support in specialised treatment facilities		(1)	(2)

P3

Is there any central government funding for services for the management of alcohol use disorders?

- (1) Yes
 - (2) No, but funding is being prepared
 - (3) No
 - (4) Don't know
-

P4a

Are there nationally endorsed clinical guidelines for the management of alcohol use disorders in your country?

- (1) Yes, stand alone guidelines
 - (2) Yes, but part of other clinical care guidelines (e.g. drug dependence guidelines)
 - (3) No, but guidelines are being prepared
 - (4) No
 - (5) Don't know
-

P4b

If there are nationally endorsed clinical guidelines for the management of alcohol use disorders, have there been any studies in your country on their implementation or adherence?

- (1) Yes
 - (2) No, but studies are being prepared
 - (3) No
 - (4) Don't know
-

P5

Have national training programmes for managing alcohol use disorders in general practice been developed and implemented in your country?

- (1) Yes, developed and implemented
 - (2) Yes, developed but not implemented
 - (3) No, but being developed
 - (4) No
 - (5) Don't know
-

P6a

Have national public service announcements or media campaigns been mounted in your country targeting heavy drinkers with a message on how to cut down?

- (6) Yes
 - (7) No, but announcements or campaigns are being prepared
 - (8) No
 - (9) Don't know
-

P6b

If yes, what is the date of the most recent campaign?

P7

Is a proportion of alcohol taxes specifically earmarked (hypothecated) to fund the costs of services to manage alcohol use disorders?

- (1) Yes
 - (2) No
 - (3) Don't know
-

P8

1 Is the management for alcohol use disorders funded or reimbursed through the national health care system or other third party payers?

- (1) Yes
 - (2) No
 - (3) Don't know
-

P9

Please give your professional opinion of the extent of the availability of Services for the Management of Alcohol Use Disorders in various settings

(Please ring appropriate number)

	Widely available	Available	Partially available	Hardly available	Not available
General/family practice	5	4	3	2	1
Hospital clinics	5	4	3	2	1
Work places	5	4	3	2	1
Pharmacists	5	4	3	2	1
Specialist clinics	5	4	3	2	1
Community based clinics	5	4	3	2	1
Mass media campaigns	5	4	3	2	1
Telephone help lines	5	4	3	2	1
Internet sites	5	4	3	2	1
Addiction services	5	4	3	2	1
Group clinics	5	4	3	2	1

P10

For primary health care services, please give your assessment of the availability of training programmes for giving advice for alcohol use disorders

(Please ring appropriate number)

	Widely available	Available	Partially available	Hardly available	Not available
General practitioners/family doctors	5	4	3	2	1
General practice/family practice based nurses	5	4	3	2	1

P11

2 What would you say have been the most significant advances, if any, in the implementation of evidence based management of alcohol use disorders in general practice in your country since 1st January 2000?

3 Please suggest the three to five most important, and please give the date of the advance.

4

P12

5 What would you say are the key barriers to progress or issues or challenges facing you in 2003-2004 in the implementation of evidence based management of alcohol use disorders in general practice in your country?

6 Please suggest the three to five most important

P13a

7 What are the key advances you would like to see in 2003-2004 in the implementation of evidence based management of alcohol use disorders in general practice in your country?

8 Please suggest the three to five most important

P13b

What needs to change to make these advances possible?

PART 2. STUDIES AND RESEARCH ON THE MANAGEMENT OF ALCOHOL USE DISORDERS IN GENERAL PRACTICE

S1

Have there been any randomized controlled trials on the effectiveness of the management of alcohol use disorders in general practice undertaken in your country that have been published in peer reviewed journals or in government publications?

- (1) Yes
- (2) No, but such trials are being undertaken
- (3) No
- (4) Don't know

If yes, could you please e-mail/post copies of publications

S2

Have there been any studies on the cost effectiveness of the management of alcohol use disorders in general practice in your country that have been published in peer reviewed journals or in government publications?

- (1) Yes
- (2) No, but such studies are being undertaken
- (3) No
- (4) Don't know

If yes, could you please e-mail/post copies of publications

S3

Has the WHO AUDIT questionnaire been translated into your national language?

- (1) Yes
 - (2) No, but it is currently being translated
 - (3) No
 - (4) Don't know
-

S4

Have there been any studies on the use of the AUDIT or that have used the AUDIT in your country that have been published in peer reviewed journals or in government publications?

- (1) Yes
- (2) No, but such studies are being undertaken
- (3) No
- (4) Don't know

If yes, could you please e-mail/post copies of publications

S5

Have there been any studies on the attitudes of general practitioners or their patients with regard to the management of alcohol use disorders in your country that have been published in peer reviewed journals or in government publications?

- (1) Yes
- (2) No, but such studies are being undertaken
- (3) No
- (4) Don't know

If yes, could you please e-mail/post copies of publications

S6

Have there been any studies on how to increase the involvement of general practitioners in the management of alcohol use disorders in your country that have been published in peer reviewed journals or in government publications?

- (1) Yes
- (2) No, but such studies are being undertaken
- (3) No
- (4) Don't know

If yes, could you please e-mail/post copies of publications

PART 3 DRINKING BEHAVIOUR

B1a

Are there representative national data on the prevalence of hazardous and harmful alcohol consumption amongst adults (age 16+) (for example the proportion of the population consuming over 210g of absolute alcohol per week)?

- (1) Yes
- (2) Yes, similar data (please state definitions)
- (3) No

IF: NO, SKIP TO: question B2

B1b

What is the latest year for which these data are available?

Year:

B1c

For the latest year, what is the prevalence of hazardous and harmful alcohol consumption amongst adults (age 16+)?

Men:

Women:

Both men and women (if not broken down by gender):

B2a

Are there representative national data on the prevalence of alcohol intoxication amongst adults (age 16+) (for example the proportion of drinking occasions in which at least 60 g of absolute alcohol is consumed)?

- (1) Yes
- (2) Yes, similar data (please define intoxication)
- (3) No

IF: NO, SKIP TO: question B3

B2b

What is the latest year for which these data are available?

Year:

B2c

For the latest year, what is the prevalence of alcohol intoxication amongst adults (age 16+)?

Men:

Women:

Both men and women (if not broken down by gender):

B3a

Are there representative national data on the prevalence of alcohol dependence amongst adults (age 16+) (for example using the ICD10 or DSMIV criteria of dependence)?

- (1) Yes
- (2) Yes, similar data (please state what)
- (3) No

IF: NO, SKIP TO: question B4

B3b

What is the latest year for which these data are available?

Year:

B3c

For the latest year, what is the prevalence of alcohol dependence amongst adults (age 16+)?

Men:

Women:

Both men and women (if not broken down by gender):

B4a

Are there representative national data on the proportion of adults (age 16+) who have tried to cut down on their drinking or abstain from alcohol completely in a previous 12 month period?

- (1) Yes
- (2) Yes, similar data (please state what)
- (3) No

IF: NO, SKIP TO: question B5

B4b

What is the latest year for which these data are available?

Year:

B4c

For the latest year, what is the proportion of adults (age 16+) who have tried to cut down on their drinking or abstain from alcohol completely in a previous 12 month period?

Men:

Women:

Both men and women (if not broken down by gender):

B5a

Are there representative or national data on the proportion of adult drinkers (age 16+) who have tried the following things to cut down on their drinking or abstain from alcohol completely in a previous 12 month period?

	Yes, or similar	No
(1) Help from a doctor or nurse		
(2) Help from a pharmacist		
(3) Community clinics		
(4) Alcoholic Anonymous		
(5) Other self-help groups		
(6) Specialist treatment services		
(7) Help line telephone service		
(8) Workplace service		
(9) Other		
(10) Willpower alone		

IF: NO, SKIP TO: question S6

S5b

What is the latest year for which these data are available?

Year:

S5c

For the latest year, what is the proportion of adult drinkers (age 16+) who have tried the following things to cut down on their drinking or abstain from alcohol completely in a previous 12 month period)?

Both	Male	Female
(1) Help from a doctor or nurse		
(2) Help from a pharmacist		
(3) Community clinics		
(4) Alcoholic Anonymous		
(5) Other self-help groups		
(6) Specialist treatment services		
(7) Help line telephone service		
(8) Workplace service		
(9) Other		
(10) Willpower alone		

B6a

Are there representative national data on adult (age 16+) consultation rates in general/family practice for the management of alcohol use disorders?

- (1) Yes
 - (2) No
 - (3) Don't know
-

B6b

What is the latest year for which these data are available?

Year:

B6c

What are the adult (age 16+) consultation rates in general/family practice for the management of alcohol use disorders amongst:

Men:

Women:

Both men and women (if not broken down by gender):
