## INEBRIA

## International Network on Brief Interventions for Alcohol & Other Drugs



We are thrilled to invite you to the INEBRIA 2025 San Francisco Conference, the 21st annual INEBRIA conference, September 24-26, 2025. <a href="https://inebria.net/san-francisco-2025/">https://inebria.net/san-francisco-2025/</a>. The theme of this year's conference is "Screening and brief intervention: Expanding the evidence base on innovative approaches, clinical outcomes, implementation and sustainment." The 2025 theme highlights the unique focus of this conference on practice-based research that informs policy and has the potential to impact not only alcohol and other drug use, and other risk behaviors, but overall health and wellbeing at the population level. Our 2025 program will reflect the following innovative areas of screening and brief intervention (SBI) research:

- The full scope of SBI research. The 2025 conference will include the breadth and depth of SBI research, extending the traditional model to incorporate innovative approaches to outreach and delivery of interventions outside of health care settings to reach new populations. It will include a strong focus on SBI research and implementation in low- and middle-income countries as well as low-resource settings in high-income countries.
- Implementation science. Implementation science principles can illuminate why some SBI initiatives have not achieved successful implementation and can guide future interventions toward feasible and sustainable approaches.
- SBI in the context of medical and psychiatric comorbidities. Interventions for substance use need to be a part of broader behavioral programs to meet the needs of patients. Researchers can benefit from learning about addressing the complexity of behavioral health problems, including comorbid mental health and substance use conditions and concurrent use of drugs and alcohol.
- **Electronic SBI, beyond internet interventions**. New applications of technology have the potential to radically transform both the content and the reach of SBI. The meeting will highlight these innovative approaches.
- Adolescent SBI. The conference will provide an opportunity to summarize this fast-moving area of
  research, to evaluate and discuss what works, to identify gaps in the evidence base, and to chart the
  next phase of research.
- **Effect Heterogeneity.** Studies focusing on the efficacy and effectiveness of SBI across population groups: how they work and for whom.

Please see the call for abstracts (deadline is April 25, 2025) and instructions for submission here: <u>Call for</u> abstracts

The meeting will be co-hosted by the **Center for Addiction and Mental Health Research (CAMHR) at the Division of Research, Kaiser Permanente Northern California**, and the **University of California**, **San Francisco (UCSF) Department of Psychiatry and Behavioral Sciences**.

The **Center for Addiction and Mental Health Research** conducts high-impact behavioral health research at the Kaiser Permanente Northern California Division of Research. For over 20 years, CAMHR scientists have advanced the fields of addiction and mental health research and improved care for patients with these chronic conditions. With an emphasis on research conducted in medical settings, CAMHR contributes to building the evidence base at the intersection of implementation science, health services research, cost-effectiveness, prevention, and clinical outcomes.

UCSF is a top-ranked health science university with a history of supporting research in alcohol and other substance use screening and treatment. Substance use research is integrated across the campus, especially in the schools of Medicine, Nursing and Pharmacy. Within the School of Medicine, the **Department of Psychiatry and Behavioral Health (DPBS)** has a mission focused on research, teaching, patient care and public service. DPBS conducts clinical, educational and research at a variety of locations including the Pritzker Psychiatry Building, UCSF Mission Bay, UCSF Medical Center, UCSF Benioff Children's Hospitals, San Francisco General Hospital and Trauma Center, the San Francisco VA Health Care System.

We are especially delighted to welcome you to the state-of-the-art, UCSF Nancy Friend Pritzker Psychiatry Building, a one-of-a-kind treatment, research and educational center that aims to redefine mental health services and make a bold statement against stigma. Situated adjacent to UCSF's Mission Bay campus in San Francisco's Dogpatch neighborhood, the Pritzker Building is one of the few in the nation that combines outpatient mental health care for people of all ages with top-ranking programs in psychiatry and psychology training.



## Dr. William Miller to deliver the Nick Heather Lecture at INEBRIA 2025



INEBRIA is pleased to announce that Dr. William Miller will deliver the annual Nick Heather lecture in San Francisco at INEBRIA 2025. This annual lecture was instituted by INEBRIA in 2013 as an opportunity to highlight advances in understanding the nature of alcohol and other drug problems and how to respond to them.

Dr. Miller is the co-developer of Motivational Interviewing and a distinguished Professor Emeritus of psychology and psychiatry and affiliated with the Center on Alcoholism, Substance Abuse, and Addictions (CASAA) at the University of New Mexico. He has also been a visiting scholar at the Oregon Health & Science University, the University of New South Wales in Sydney, Australia, Stanford University, and the University of Bergen and the Hjellestad Clinic in Norway. He is a recipient of two career achievement awards from the American Psychological Association and has published 65 books and over 400 articles

and chapters. Dr. Miller's research has focused particularly on the treatment and prevention of addictions and more broadly on the psychology of change.

Dr. Nick Heather passed away on January 28th, 2025, at the age of 86.

Organizers: Stacy Sterling (<a href="mailto:stacy.a.sterling@kp.org">sterling@kp.org</a>) and Derek Satre (<a href="mailto:Derek.Satre@ucsf.edu">Derek.Satre@ucsf.edu</a>), Division of Research, Kaiser Permanente Northern California and University of California, San Francisco, Department of Psychiatry and Behavioral Sciences.



