

This year, the **INEBRIA network** together with the EU-funded **PEACHD Project** will jointly organise the 22nd Annual Meeting, to be held in Prague, Czech Republic, from Wednesday 14th October – Friday 16th October 2026, with the title:

“INEBRIA-PEACHD 2026
Health promotion through brief interventions:
Broadening the scope to communities and lifestyles”

Bringing together researchers, clinicians, policymakers, public health practitioners and community actors, the conference will provide a high-level forum for advancing evidence and practice in screening and brief interventions (SBI) for alcohol and other substances, and other lifestyle risk factors, especially in the prevention of cancer and other NCDs. Aligned with the PEACHD Project -piloting SBI for multiple cancer risk factors in different settings, based on the WHO BRIEF approach- the meeting will highlight innovative research and practice, implementation strategies, and policy-relevant tools addressing alcohol and other drug use alongside other interacting lifestyle and behavioural risk factors. With a strong scientific programme and a fully in-person format designed to maximise engagement, the conference will offer plenary sessions, parallel workshops, and opportunities for interdisciplinary exchange within the historical seat of the Charles University, Prague, in the heart of central Europe.

Beyond sharing results, INEBRIA-PEACHD 2026 aims to inspire collaboration and action. By expanding the traditional focus on alcohol to a broader, integrated health promotion perspective, the conference responds to real-world complexity and the needs of diverse populations, including people with lower socioeconomic status, migrants, displaced communities and others.

Practical information:

- **Structure:** (NB: this year’s core conference programme will run from lunchtime on Wednesday 14/10 to lunchtime on Friday 16/10):
 - o **Pre-conference meetings:** [Wednesday 14/10/2026 – 8:30h – 13h](#)
 - o **Conference Day 1:** Wednesday 14/10/2026 – 14h – 17:30h
 - o **Conference Day 2 (including official opening session):** Thurs 15/10/2026 – 8:30h – 17:30h
 - o **Conference Day 3:** Fri 16/10/2026 – 8:30h – 13h (lunch provided)
- **Location:** [Karolinum Centre](#) (Address: Ovocný trh 560/5)
- **City:** Prague, Czech Republic
- **Capacity:** Given the venue capacity, the conference expects to host around 150 engaged participants.
- **Fees:** Since this year’s conference will include a comprehensive presentation of the PEACHD contribution to the SBI field, the venue, logistics and refreshments costs during conference are covered by the dissemination plan of the project. No conference fee will be charged for participation (not including the social dinner or any individual accommodation, travel costs or other expenses related to attendance). Registration is still mandatory due to finite venue capacity, and a formal commitment will be required to attend.

- Registration process:
 - o **Pre-registration** will be open from **18 February – 15 April** [[LINK HERE](#)]
 - o In case of interest beyond capacity, priority will be given to those actively contributing to the conference and ensuring its impact (priority is *not* on a first-come-first serve basis)
 - o Confirmation of participation from the conference organisers is planned for mid-May
 - o Registered participants will be required to formally commit to attending the event through a simple online format.
- Call for Abstracts:
 - o **Abstract submission is through the pre-registration form** [[LINK HERE](#)]
 - o each participant can submit up to two abstracts for different formats in the pre-registration form (click this link to download the [guidelines and template for abstract submission](#))
 - o An abstract may be submitted for oral presentations, symposia, workshops or posters (and we also welcome innovative communication formats), according to the abstract submission guidelines (available in the online form)
 - o **Abstract submission period: 18 February – 15 April**
 - o Presenters will be notified of the abstract submission outcome (along with confirmation of registration) by mid-May.
 - o Accepted abstracts will be required to confirm and commit to participation within two weeks to allow us to finalise the programme and make logistic arrangements.
 - o In order to encourage diversity in the programme, and maximise knowledge sharing and exchange of ideas, the scientific committee will aim to maximise the number of groups' work represented.

[LINK TO INEBRIA-PEACHD 2026 PRE-REGISTRATION & ABSTRACT SUBMISSION FORM HERE](#)

Key topics and areas in focus at this year's meeting:

- **Outcomes and impacts:** including the role of SBI in prevention of cancer and other NCDs
- **Broader interventions:** Going beyond alcohol to address multiple risk factors
- **Tailoring and embedding approaches for brief interventions** in different contexts, including participatory research and co-created interventions
- **Training new professional profiles** to deliver brief interventions
- **Working with end user population groups living with disadvantage** to reduce inequity
- **Hard to reach groups:** e.g., those with migrant, refugee status and living with lower SES, among others

PEACHD (Piloting European Action on Cancer Health Determinants) is an EU-funded Action Grant focussed on primary prevention of cancer, which will operationalise and adapt the **WHO-EU BRIEF approach** to reduce risky lifestyle behaviours, such as alcohol use, smoking, unhealthy diet and physical activity. The project develops, tailors and pilots large-scale implementation strategies for screening and brief intervention on multiple modifiable lifestyle behaviours, with special attention to people with low socioeconomic status, migrants, and Ukrainian refugees, in three European countries: Czech Republic, Poland and Spain.

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INEBRIA (International Network on Brief Interventions for Alcohol and Other Drugs) is an international network of researchers, policy makers, practitioners and other stakeholders interested in the potential of brief interventions in health and other settings to reduce the harms produced by alcohol and other drug use. It aims to provide global leadership in the development, evaluation and implementation of evidence-based practice in the area of early identification and brief intervention for hazardous and harmful substance use. <https://inebria.net/>